



# EVEREST

An Authentic Catholic School of Distinction

## THE DIMENSIONS OF INTEGRAL FORMATION®

Teaching students to be Catholic Christian leaders who are capable of utilizing their strengths, so they can fulfill the unique plan that God has for each of them.



### INTELLECTUAL FORMATION

Everest sets high, yet attainable, academic expectations for its students. Solid intellectual formation provides a wealth of knowledge and an ability to think, speak and write clearly, coherently, and persuasively. Students develop habits essential for ongoing success after graduation including study skills, concentration and critical thinking, perseverance, and a desire to produce high quality work.



### HUMAN FORMATION

Character is at the core of authentic leadership. Character allows students to master themselves so as to be faithful to their personal convictions. Human formation is the development of a strong and virtuous character. This process involves assisting students to grow in virtue, self-confidence, and leadership skills. Their integrity, honesty, and compassion make them good and loyal friends.



### SPIRITUAL FORMATION

Spiritual formation aims to help students fulfill the mission for which they were created, developing a deep, personal and intimate relationship with Jesus Christ. Christ becomes the ultimate motive for all of a student's choices and actions. The student's intellectual and human growth comes to perfection through God's grace and through the student's spiritual efforts.



### APOSTOLIC FORMATION

We seek to develop in our students the heart of an apostle, one that is sensitive and responsive to the physical, emotional, and spiritual needs of others. Students perform concrete works of charity both within the school and for the larger community. Apostolic formation brings students into contact with the realities of life, awakening in them a sense of responsibility that will continue to be lived out as adults.