

Objectives of Integral Formation[®]

Integral Formation is the educational methodology used at Everest Collegiate High School and Academy to achieve its mission of teaching students to be Catholic Christian leaders who are capable of utilizing their strengths, so they can fulfill the unique plan that God has for each of them. This method is centered on Our Lord Jesus Christ.

Intellectual Formation:

- Study a rigorous, balanced academic curriculum.
- Acquire critical thinking skills.
- Learn to communicate clearly, logically and creatively.

Spiritual Formation:

- Strengthen their personal relationship with Christ.
- Learn the fundamentals of Catholic teaching.
- Discover a meaning in life that inspires them to pursue excellence.



Human Formation:

- Grow in core values that enable them to be positive leaders.
- Cultivate essential character strengths, including discipline, responsibility and a sense of personal dignity.
- Foster interpersonal skills and the capacity for teamwork

Apostolic Formation:

- Develop generosity through concrete acts of self-giving and service.
- Form a sense of social responsibility and learn to share their talents.
- Exercise leadership by serving as mentors and role models.